

Active Holidays - since 1996

PATRICIO TRAVEL

Fitness-Events

Fiesta Week feat. Zumba® Fitness

20.09. - 25.09.2021 (Subject to change)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
09:30 - 09:45	WELCOMING					
09:40 - 10:45	ZUMBA® Team	ZUMBA® TONING Joao	STRONG NATION Alice & Joao		ZUMBA® Marta & Hedva	STRONG NATION Joao & Hedva
11:00 - 12:00	DANCE & WORK Marta	ZUMBA® Alice	BEACH GAMES Team		STRONG NATION Alice	ZUMBA® Alice
14:30 - 15:00		AQUA ZUMBA® Team Pool Club Side		AQUA ZUMBA® Team Pool Club Side		TABATA 15:00 - 15:30 Alice
15:30 - 16:30	STRONG NATION Joao	ZUMBA® STEP Marta	RAGGA Marta	ZUMBA® Joao	ZUMBA® STEP Joao	DANCE AND WORK Marta
16:45 - 17:45	ZUMBA® Hedva	STRONG NATION Hedva	ZUMBA® Alice	STRONG NATION Alice & Hedva	ZUMBA® TONING Marta & Hedva	TEAM TEACH 17:00 - 18:15 Beach Area
18:00 - 19:00	BAUCH, BEINE, PO Alice	DANCE AEROBIC Alice & Joao	ZUMBA® TONING Hedva	DANCE & WORK 30 MIN. STRETCHING 30 MIN. Marta		
	21:30 WELCOME PARTY		19:15 SUNDOWN STRECH MARTA & TEAM		20:00 GALA NIGHT	



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